



Labiaplasty

Information about the procedure

The vaginal opening is encircled with the labia majora (outer lips) and the labia minora (inner lips). Some changes may occur in the labia minora of some individuals over time. Especially, pigmentation issues or excessive sagging of the skin may occur as problems. All of these potential problems may arise aesthetic concerns in women, as well as, bringing along some health issues. Irritation caused by rubbing of the skin against the underwear, pain during sexual intercourse due to the long labia minora, and frequently recurring fungal infections will lead to considerations to undergo a labiaplasty. The size of the labia minora region is brought to normal size with this operation, refreshing the self confidence of women and eliminating the health issues.

Doctor B uses the RF-radiofrequency device for the excision of the excess tissue in the respective area. Because of the special anatomical structure in this part of the body, the radiofrequency-assisted procedure allows for reshaping the inner lips more readily and favorably; improving the existing issue. Doctor B uses the radiofrequency technique for labiaplasty based on his experiences because this technique causes less bleeding and injuries compared to frequently used laser and electrocautery.

Ideal Candidates For Labiaplasty

An ideal candidate for labiaplasty is a woman, who has excess tissue in the labia minora, who is older than 18 years old, and who have realistic expectations.

Frequently Asked Questions

Will scarring occur?

In the labiaplasty procedure, the excess skin on both sides of the labia minora is excised. Owing to the special anatomical structure in this body area, the incision



LABIAPLASTY

doctor B
BÜLENT CİHANTİMÜR

made during the procedure disappear after some time. This process takes almost a year.

Will the sutures need to be removed after surgery?

We use absorbable sutures for the procedure. There is no need to remove them.

When can I go back to work?

Depending on your job, you can return to work in 2-3 days.

How long will it take before I can exercise again?

Do not engage in exhausting activities. Instead, we recommend that you take walks at a slow pace for the first month.

When can I have sexual intercourse?

Do not engage in sexual activities unless Doctor B instructs you otherwise. It will be better if you wait for the healing process to be completed.

When can I take a shower?

Unless otherwise specified, you can take a shower 2 days after the surgery.

When can I drive?

You can drive again when you feel well.

When can I get pregnant?

This is not a type of operation that will affect conception negatively. You may get pregnant anytime when you plan.

How long does the operation take?

This varies from patient to patient. However, it will take normally one hour for the procedure to be completed.