

Cosmetic  
surgery  
requires  
artistic  
perspective

 **doctor B**  
BÜLENT CİHANTIMUR



Op. Dr. Bülent CİHANTIMUR  
Estetik  
İntern

 **doctor B**  
BÜLENT CİHANTİMUR

*Aesthetics Plastic Surgeon  
Bülent Cihantimur MD.*



*Bülent Cihantimur MD.*

*Bülent Cihantimur was born in 1970, Kars. He graduated from Istanbul University Çapa Medical School. He's been Aesthetics Plastic Surgery Attending by specializing in Aesthetics Plastic Surgery Residency at Uludağ University Medical School. After he worked at St. Lawrence Hospital in England for a while, he has founded Estetik International in 1999.*

*There are eight techniques developed by Cihantimur:*

- 1. Non-operative treatment of Trigger finger*
- 2. Cihantimur Fat Transfer System*
- 3. Prominent Ear Aesthetics by Rope*
- 4. Spider Web Aesthetics*
- 5. Genital Beautification*
- 6. Simple Nose Aesthetics*
- 7. Organic Hair Transplantation*
- 8. Leg Beautification*

**"Innovative, contemporary, developer of 8 important techniques with many advantages that applied with the most naive touch to the individual's body, which took part in the world of medical literature"**

### **Non-operative Treatment of Trigger Finger**

*This disease that leads to tripping in hand fingers and pain, by the technique developed Dr. Cihantimur can be treated with a needle non-operatively in 5 minutes. This technique was presented in international Congress, published as an article and shown as reference in many studies.*

### **Cihantimur Fat Transfer**

*Cihantimur Fat Transfer system taken in part in literature and called with the last name of Bülent Cihantimur MD. is applied with a closed lipoid technique. Long-lasting, safe and most natural fat transfer are performed in body areas where fat tissue decreases volumetrically. In Cihantimur Fat Transfer System, the fat removed from body is transferred into other region of body by the specialized device without getting out. Therefore, fat cells are never exposed to air, many tools and they cannot wait outside of the body for a long time.*

### **Prominent Ear Aesthetics by Rope**

*Prominent ear aesthetics by the rope is an extremely practical application that defective ear angle is fixed by using only medical ropes without having incision and cartilage slenderizing. Because of the shortness to return social life and recovery, it provides maximum comfort for those who have prominent ear problem.*

### **Spider Web Aesthetics**

*Spider Web Aesthetics is a non-operative rejuvenation operation that helps you prevent aging signs. Spider Web Aesthetics which name and patent right belong to Dr. Cihantimur is applied on every skin area, it does not affect social life, and it refreshes the skin day by day. At the end of placing the rope determined depending on the rate of skin aging under the skin like the spider web, it is a treatment type that helps body reproduce collagen and elastin. It can be applied on face area, buttocks, leg and internal parts of arms in particular and also genital area.*

### **Genital Beautification**

*It is an operation that solves postpartum hormonal causes, vaginal abrasion developed depending on gravity, urinary incontinence and sexual dissatisfaction of women. In 2014, Bülent Cihantimur MD. has been rewarded Golden Bistoury with this technique.*

### **Simple Nose Aesthetics**

*It is a technique that has no plaster and buffer and recovery is extremely short to remove the end of nose. Those who do not want radical change in their nose and are afraid of possible risks of classic nose surgeries can have this operation.*

## “The success of Doctor B has been awarded”

### Organic Hair Transplantation

*It is a hair transplantation technique performed with injection that is enriched with stem cells from patient's own fat without using chemicals. When this injection is injected into the area with no hair, great success is achieved in wound recovery; adhesion of follicle that is transplanted, hair loss and animation of hair. This technique that is first applied in Turkey and World, is developed by Bülent Cihantimur MD. in labs of Estetik International.*

### Leg Beautification

*It is an operation that can be performed in those who have leg deformity aesthetically or have problem in fat rate. Surplus fat lyposucked and shapes by transferring into the one that needs it. Disproportion between lower or upper leg can be solved with this operation.*

### His awards

*In 2014, he was selected “Medical Man of the Year “and was rewarded “Golden Bistoury” given to the persons who made extraordinary contributions to aesthetics surgery in worldwide organization and also has been selected into “The Best 50 Plastic Surgeons” of World. Lastly, “Excellence Awards” has been given to him by Tatweei Academy that is seen between the most distinguished organizations of Middle East in 2017.*

*At 2018, he took Fashion TV Best Plastic Surgeon Award*

*At 2018, he took Outstanding Contribution to the Development of Plastic Surgery Award at Azarbajian Aesthetic & Anti Age medicine Congress (AAAMC)*



### International essays:

1. *AClear Cell Hidradenoma of the index finger  
B.Cihantimur, Selçuk Akın, Mesut Özcan  
European Journal of Plastic Surgery (1997) 20:318-319.*
2. *Comparing Kaltostat with Jelonet in the treatment of split-thickness  
Skin graft donor sites  
B.Cihantimur, Ramazan Kahveci, Mesut Özcan  
European Journal of Plastic Surgery (1997) 20:260-263.*
3. *Percutaneous treatment of trigger finger.  
Bülent Cihantimur, Selçuk Akın, Mesut Özcan  
Acta Orthop Scand 1998; 69(2): 167-168*
4. *Allogeneic substitutes for fingernails.  
Bülent Cihantimur, Ahmet Karacalar, Mesut Özcan  
European Journal of Plastic Surgery (1999) 22:1, 44-45*
5. *Investigation and analysis of 1030 primary hair transplatation cases: a retrospective  
study Bülent Cihantimur, Aziz Aksöz, Muhammet Hatipoğlu, Burak Ersen  
European Journal of Plastic Surgery (2018)*
6. *A new otoplasty procedure: combination of perichondrio-adipo-dermal flap, posterior  
auricular muscle transpositioning and cartilage suturing to decrease the post-operative  
complication rates Bülent Cihantimur, Yücel Sarıaltın, Burak Ersen, Mustafa özyurtlu  
European Journal of Plastic Surgery (2018)*



**“Estetik International, which was established in 1999 has the characteristic of being the most respectful facility of Turkey.”**

**“Applied courses, trainings and certification programs that develop to be an international education home.”**

### **Estetik International**

*He has still worked as the coordinator of Estetik International Health Group that was opened first in Bursa and has departments in Istanbul, Izmir and Ankara today. Estetik International, with almost 200 staff has provided service in 8 different clinics including Istanbul, Ankara and Izmir. This Health Group that has put signature on great business about health tourism in particular has provided economic value for our Country via its Professional in International Patient Unit and health tourists.*

*Estetik International that provides patient satisfaction and different access for foreign patients with partners program has also representation offices in Dubai, Sweden, England.*

*Estetik International Quasar, which started to serve with the motto “Aesthetic Base of the World” in July 2018, is a hospital that serves in many languages with the latest technological operating theaters, comfortable recovery rooms, VIP service and International Patient Department.*

[www.estetikinternational.com](http://www.estetikinternational.com)

### **Academy, course, certificate**

*“International Aesthetics Surgery Training Center” that is put into practice under the leadership of Cihantimur is a center founded to encourage information and skill Exchange for aesthetic, plastic surgery attendings, assistants and those who still study in medical school. The purpose here is to learn modern surgical techniques and provide programs that their hand skill developed and foresighted and can see and look in an artistic perspective.*

*In addition to this, Spider Web Aesthetics enable colleagues of Cihantimur to provide course and certificate opportunity about Cihantimur Fat Transfer.*



“DoctorB Clinic, which was established in 2006 has provided VIP service with nish project”



#### DoctorB Clinic

*DoctorB Clinic opened in Zorlu Teraseler, 2016 is a beauty-aesthetics center that has provided “value” with experiences about aesthetics surgery and medical applications by keeping human health at the forefront by the high standard and effective applications of DoctorB, it is a nish facility. It has provided high-class VIP service like easy transportation in the most popular mall, closeness to workplace and meeting areas, working with appointment, parking and valet service. This nish center that has provided service with the leadership of Cihantimur is one of the exceptional beauty centers of Turkey.*

[www.doctorb.clinic](http://www.doctorb.clinic)



“Special products developed and formulized by an aesthetics surgeon”



#### Interventions

*Doctor B Active Cosmetics: Dr. Cihantimur, by Doctor B brand, is working to help make feel people younger, help them live happier and healthier and most importantly reveal their potential by transferring innovative and visional perspective into active cosmetic products in his job he calls beauty protector.*

*Today, DoctorB Active Cosmetics opened as e-trade website are also sold in the most distinguished points and pharmacies in Turkey:*

[www.doctorb.com.tr](http://www.doctorb.com.tr)





“He often uses the written platforms to make people conscious and solve questions asked about aesthetics surgery”



### Book, Journal, Newspaper

Cihantimur, who has signed many scientific studies in his field in the country and abroad has tried to make people conscious and give information about aesthetics surgery with his articles and column published in the written press.

He has a book called “Reject Aging” that he has told readers how to protect beauty: In addition, he issues a magazine called “Aesthetic International Magazine” with his team per 6 months.

### Some articles (english) of Dr. Cihantimur

#### Writings at IMCAS

- <https://www.imcas.com/en/academy/blog/245/new-approaches-to-tummy-tucks>
- <https://www.imcas.com/en/academy/blog/243/ideal-breast-size-and-shape>
- <https://www.imcas.com/en/academy/blog/167/labiaplasty-or-genital-beautification-which-technique-is-right-for-you>
- <https://www.imcas.com/en/academy/blog/86/spider-web-aesthetic-technique>

#### Writings at Estheticon

- <https://www.estheticon.com/news/10-reasons-why-patients-choose-organic-hair-transplant-instead-of-fue-hair-transplant>
- <https://www.estheticon.com/news/spider-web-aesthetic>
- <https://www.estheticon.com/news/new-approaches-on-tummy-tuck-operations>



Insurance for Aesthetic and Plastic Surgeons



Dr Bulent Cihantimur

### Patient Guarantee

Your surgeon is covered by the ISAPS Insurance.

This is additional cover for remedial treatment that may be necessary following your surgery. It covers the most common conditions that require revision surgery. In the unlikely event that your surgeon (or an approved surgeon in your country of residence, if you travelled abroad for your surgery) diagnoses you with one of these conditions, then **the surgeon's insurance will** cover the costs and charges (up to a limit agreed with our insurers) for the corrective or remedial treatment by your surgeon or an approved ISAPS surgeon in your country of residence.

This guarantee is valid for two years from the date of your surgery (excluding the first 28 days).

Your surgeon has only been accepted for this insurance because they are a member of ISAPS. ISAPS have strict requirements for membership to ensure their surgeons have the highest standards of training and experience.

Visit [www.isapsinsurance.com](http://www.isapsinsurance.com) to see your surgeon's entry in their directory. If you have further questions about this insurance, please contact the ISAPS Insurance patient helpline on +44 (0)207374 4022. Or email [team@isapsinsurance.com](mailto:team@isapsinsurance.com)

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